





3 Zinnen Ski-Marathon 2025 62k + 30k

Bib pick-up:

| 10.01.2025 | 10.00 – 19.00 "Kulturhaus" Villabassa |
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| 11.01.2025 | 07.30 – 09.00 Bistro Bergsteiger Sesto – for la 62 km CT |
| | 09:30 – 10:45 Nordic Arena Dobbiaco – for la 30 km CT |

Starting times:

| 11.01.2025 | 09:15 | Start 62 km CT in Sesto/Val Fiscalina |
|------------|-------|---|
| | 11:00 | Start 30 km CT in Dobbiaco/Nordic Arena |

Shuttle bus

Also this year there will be **free shuttle busses** for the participants. We kindly ask all participants to use this service instead of going with their own car.

Departure times CLASSIC RACE - 62 KM - 11.01.2025

- Villabassa (main square) 7:30
- Villabassa (Camping Olympia) 7:32
- Dobbiaco (tourist office) 7:40
- San Candido (Baranci) 7:50
- Sesto (main square) 8:00
- Sesto Moso (church) 8:05
- Arrival to the start in Sesto Val Fiscalina at 8:10

Return transport after the race

From 13:00 to 17:00.

Departure times CLASSIC RACE - 30 KM - 11.01.2025

- Sesto Moso (church) 9:00
- Sesto (main square) 9:05
- San Candido (Baranci) 9:15
- Arrival Dobbiaco Hotel Dolomiten at 9:25.
- Villabassa (main square) 9:30
- Villabassa (Camping Olympia) 9:32
- Arrival Dobbiaco Hotel Dolomiten at 9:40.

Return transport after the race

From 13:00 to 17:00.

Arrival and parking:

For access the car park in Sesto/Val Fiscalina you must show your bib or this email at the entrance. You will then receive a free parking permit. Please note: free access to the car park is only possible until 8.30

At Nordic Arena Dobbiaco there is enough space for parking.

This year, the finish in in Villabassa is located in a new place close to the shop "tutto Giardino"

Transport of clothing bags

Only bags provided by the organisation may be used. These will be distributed upon request at bib collection and must be marked with the bib number and be securely tied and loaded onto the waiting vehicle before the start. The organising committee accepts no liability for valuables in the sacks!

Time limits/deadlines

Along the course there are several deadlines. If a competitor does not pass the various time limits within the maximum time allowed, he/she will be disqualified and must stop the race. The following time limits apply:

30 km and 62 km CT

- 11:00 road crossing in San Candido/Innichen (Baranci) (only 62 km)
- 12:00 passage Nordic Arena Dobbiaco (only 62 km)
- 14:30 2nd passage Nordic Arena Dobbiaco (direction Villabassa)
- 16:00 finish in Villabassa/Niederdorf

Refreshment point:

KM 16: San Candido/Baranci (62 km)

KM 22: Dobbiaco/Nordic Arena (62km)

KM 27 o 5: Cimitero di guerra (62 km & 30 km)

KM 33 o 11: Lago di Landro (62 km & 30 km)

KM 44 o 12: Lago di Landro (62 km & 30 km)

KM 50 o 18: Cimitero di guerra (62 km & 30 km)

Pasta Party and changing rooms:

The 'Pasta Party' will take place in the "Kulturhaus" of Villabassa. You can find the voucher in the envelope with your bib. There is also be the possibility to change clothes inside.

Prize giving ceremony

The **flower-ceremony** for the first 3 women and 3 men of the overall standing will take place directly after the finish in the finish area. The first 3 athletes in each category can collect material prizes at the race office. Unclaimed prizes will be deposited in the office of the ASV Sport OK Dobbiaco and can be collected there within one month after the race day.

Categories:

30 + 62 km Classic on 11.01.2025:

M-U23 and F-U23: years 2007 – 2002 (30 km: years 2009 – 2002)

• M35 and F35: years 2001 – 1990

• M45 and F45: years 1989 – 1980

• M55 and F55: years 1979 – 1970

M65 and F65: years 1969 – 1960

• M65+ and F65+: years 1960 and older

Skiservice

Our partners **Kraler Sport** and **STAR Ski Wax** offer a waxing service. Skis can be waxed on Friday during the opening hours of the race office 15 €. "Professional waxing" is offered directly in the Kraler Sport shop in Toblach.

Photo-Service

A photo is an indelible memory! The RACEPHOTO team will be present on both race days to photograph you in action. You can find your photos on racephoto.it/

Further Information:

ATTENTION: There is a **'two-way section'** at **Lake Landro. Please keep to the left** in this section to avoid collisions.

RPlease remember to give your **transponder** to our staff at the finish. Otherwise you will be charged € **30.00.**

This also applies to the reserve **poles** of the **official service** along the course.

In order to protect our unique environment, we expressly ask all participants not to leave any rubbish along the course or at the start. Otherwise this will lead to disqualification.